

## European Solidarity Corps



1 vacancy

12 Months

Place: Tortosa city

# INFOPACK ATZAVARA-ARRELS

***We work for the Youth and community  
development***



**EUROPEAN  
SOLIDARITY  
CORPS**

Dear volunteer,

We are **Obre't'ebre, the coordinating organization** for 10 different projects in Terres de l'Ebre and **Atzavara-Arrels** is one of them.

Thank you very much for your interest in participating, contributing, and cooperating with INTEGRATION FOR ALL. Please, read the information below in this guide where you can find useful information about our ECS project in Terres de l'Ebre, in Catalonia.

Please, do not hesitate to contact us with any of your questions!

**Coordinator organization:** Obre't Ebre



@associacioobretebre



@obretebre



[www.obretebre.org](http://www.obretebre.org)

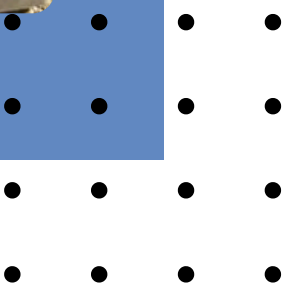


[mobilitat.obretebre@sinergia.org](mailto:mobilitat.obretebre@sinergia.org)

Obre't'ebre team

# Who we are

**Atzavara-arrels** is a non-profit association created in 2000 in Tortosa on the initiative of people from different backgrounds and professional fields to contribute to make Tortosa a fairer and more supportive city and to promote equal opportunities in a plural and diverse society. The main objectives are social inclusion and promoting the values of diversity, respect and solidarity among people, dialogue, critical reflection and knowledge, the defense of human rights, equal opportunities, and respect for difference. Our target is people belonging to vulnerable groups and locals in general. We work with children from 6 to 12 years old, young people from 12 to 25 years old, and women of all ages, mostly from Morocco, Gambia and Senegal.



# What do we do?

*Mirades and  
Women's circle*



*Linguistic and cultural  
support for young and  
adult women*

*Esplai't i  
Atzavara Jove*



*Leisure space:  
activities, workshops,  
school reinforcement*

*SAHTE Youth*



*Care service for men in  
the field of couples  
and affective  
relationships*

*Ocell de foc*



*Socio-emotional  
counseling project for  
young people aged 16  
to 30*

*SIS*



*Socio-educational  
intervention with  
young people at risk*

*With you*



*Mentoring project  
aimed at young people  
under tutelage and ex-  
tutelage*

# Our team

Atzavara-Arrels is a non lucrative organizations. It's board members are volunteers and involve in all the activities they do.

## The board

Atzavara Arrels supports the integration of refugees in Catalonia, the Network of Social and Community Action Entities, which works for the development of social and community action in neighborhoods, the Tortosa Community Process, for the improvement of coexistence and social cohesion in the city.

We participate in the socio-educational and community health field, and in different work commissions.

## The professional technical team

The team of Atzavara is formed by a young group of professionals with wide diversity.

The team consists of 3-5 people working on the different projects (social workers, communication staff...). The volunteer will be together with them on different projects and he will be supported during his learning process in the organization.

## Volunteering

Volunteering is a big part of the Azavara spirit, essential for the organization to function optimally. They help us in our daily activities.



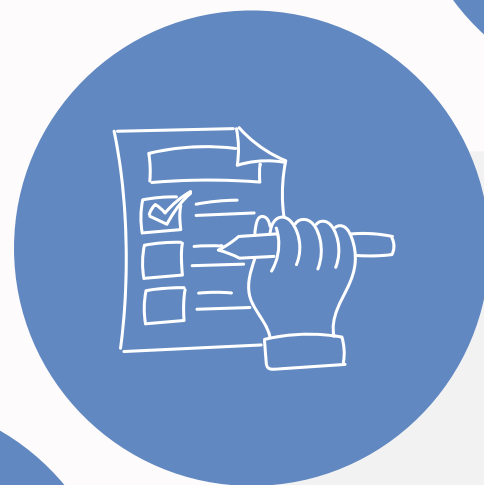
# Volunteer's tasks

HOURS: between 30 and 35h

+ catalan lessons 2 h per week



**Linguistic and cultural volunteering for women**



**During the summer period the volunteer will help to develop summer activities for youth also in other local organizations where Atzavara is working.**



**Esplai't Azavara: helping children and youth doing their homework, and also creating creative workshops for them.**



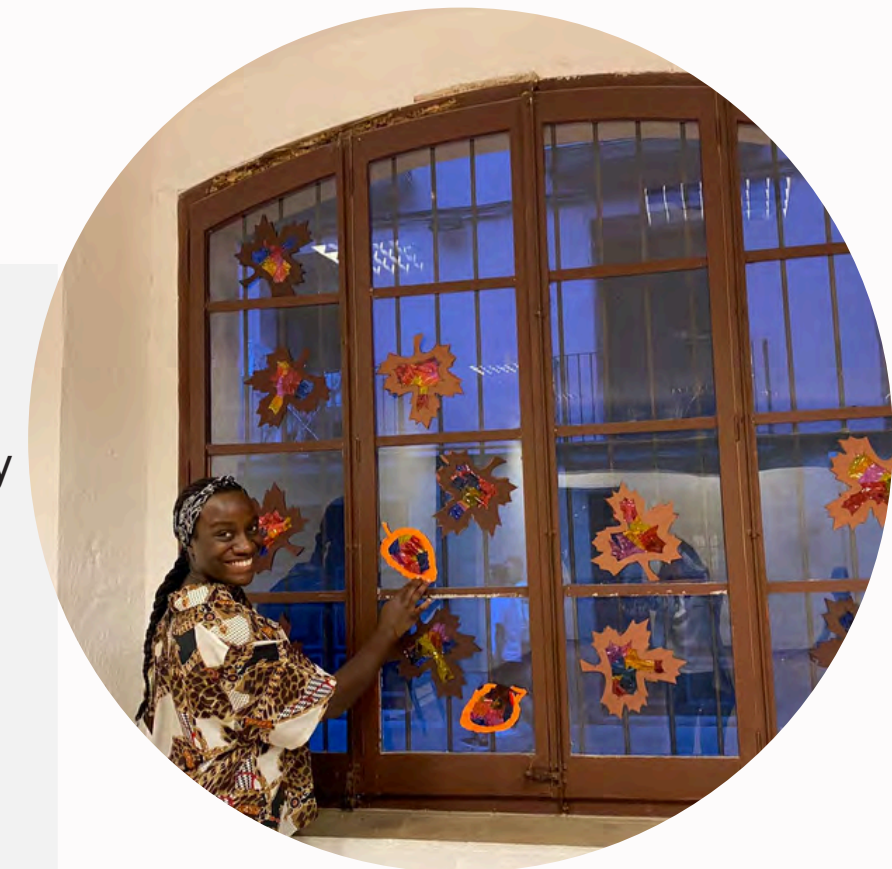
**Support to the teachers in language courses and in the workshops to facilitate the knowledge of the language to the recent arrivals and will work with young people and women of migrant origin.**



Diffusion of ECS and local participation: the volunteers need to participate at least in 3 different talks (schools, radio, etc) to explain the experience, and to participate in 6 different local actions to get to know the community where they are living (environmental, social, cultural...)

# Volunteer's tasks

Personal Project: Preparing your project is a compulsory activity for your personal development. Always need to coordinate with your hosting organization.



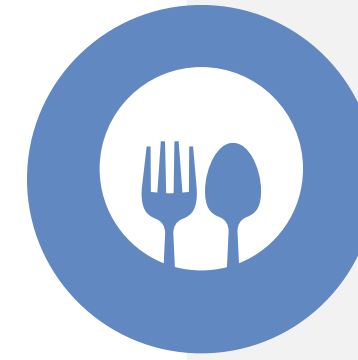


# Volunteer's profile

- Is open-minded towards differences and has an unconditional respect for the others
- Is interested in working with diversity of people
- Is willing to do the tasks
- Has previous experience in volunteering at the local level
- Has a personal interest in the topic covered by the association
- Is highly motivated to learn Catalan and Spanish
- Is highly motivated to have relations with the community



# Practical arrangements



- The shopping list will be done by the volunteers
- The food will be delivered every 2 weeks by a supermarket



- Facilities and rooms (4-6 double beds) are shared.
- Free WIFI
- Sharing the house with other projects is possible.
- Deposit of 100 euros on arrival. Returned at the end if belongings are fine



- Working hours maximum 35 hours per week
- 2 h language per week (Catalan)
- Personal project
- If working weekends, it will be compensated during the week
- 2 days off per month



- The language course will consist of Catalan language (the Official Language in Catalonia) and it will be strengthened with language, 2 hours per week (in volunteering or formal courses)



- Monthly pocket money at the beginning of each month ( 6 euros per day)

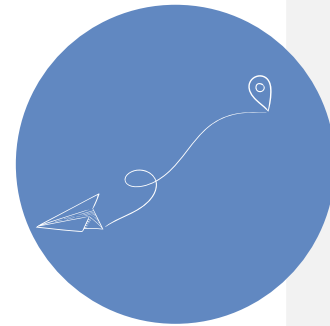


- EU citizen, bring your European Health Insurance Card. For non-EU citizens, we have to apply to Henner Insurance
- Spanish community: do not forget to bring your Social Security Number

# Practical arrangements



- Volunteers have a mentor. Individual mentoring and group mentoring with other volunteers are compulsory
- Volunteers need to assist with the compulsory training by the National Agency: 1 on arrival and 1 mid-term evaluation.



- Travel costs will be reimbursed after submitting tickets, bills, boarding passes, etc
- Travel costs are based on EU travel grant accordingly to the ESC program



- Visa costs can be covered. First, ask us about the assigned amount
- Ask us for the supporting letters on time
- Make sure of the procedures and dates with your embassy to obtain the visa



- Each volunteer will have a bike, helmet, and a bike lock
- On arrival, volunteers need to know that helmet (10 Euros ), bike lock (10 Euros), and bike (60 Euros) are priced at 80 Euros. If volunteers lose, break, or damage the items they will need to replace them

# More information of Atzavara- Arrels

<b>Facebook</b>	<a href="https://www.facebook.com/gepecedc/photos/a.633033526797126/4791535034280267/?type=3">https://www.facebook.com /gepecedc/photos/a.63303 3526797126/47915350342802 67/?type=3</a>
<b>Instagram</b>	<a href="https://www.instagram.com/atzavaraarrels/">https://www.instagram.co m/atzavaraarrels/</a>
<b>Web site</b>	<a href="https://webfacil.tinet.cat/atzavar/110594">https://webfacil.tinet.cat/a tzavar/110594</a>

*To become volunteer in  
Atzavara-Arrels...it is  
important that the volunteer  
likes to work with children and  
community work*

